

V.52	JÄMN																					
	måndag 25/12			tisdag 26/12			onsdag 27/12			torsdag 28/12			fredag 29/12			lördag 30/12			söndag 31/12			
	G3	SLUSS	Masthugget	G3	SLUSS	Masthugget	G3	SLUSS	Masthugget	G3	SLUSS	Masthugget	G3	SLUSS	Masthugget	G3	SLUSS	Masthugget	G3	SLUSS	Masthugget	
06:30	CrossFit 06:30		CrossFit 06:30	CrossFit 06:30		CrossFit 06:30	CrossFit 06:30		CrossFit 06:30	CrossFit 06:30		CrossFit 06:30	CrossFit 06:30									
07:30	CrossFit 07:30		CrossFit 07:30	CrossFit 07:30		CrossFit 07:30	CrossFit 07:30		CrossFit 07:30	CrossFit 07:30		CrossFit 07:30	CrossFit 07:30									
09:00															CrossFit 9:00		CrossFit 9:00					
10:00															CrossFit 10:15		CrossFit 10:15					Andreas Kim Lucas Dick
11:00															CrossFit 11:30		CrossFit 11:30					
12:00	CrossFit 12:00		CrossFit 12:00	CrossFit 12:00		CrossFit 12:00	CrossFit 12:00		CrossFit 12:00	CrossFit 12:00		CrossFit 12:00	CrossFit 12:00				Prova PÅ/BAF 12:00					
13:30																						
16:00	CrossFit 16:00		CrossFit 16:00	CrossFit 16:00		CrossFit 16:00	CrossFit 16:00		CrossFit 16:00	CrossFit 16:00		CrossFit 16:00	CrossFit 16:00									
17:00	CrossFit 17:00		CrossFit 17:00	CrossFit 17:00		CrossFit 17:00	CrossFit 17:00		CrossFit 17:00	CrossFit 17:00		CrossFit 17:00	CrossFit 17:00									
17:15		CrossFit 17:15		CrossFit 17:15		CrossFit 17:15	CrossFit 17:15		CrossFit 17:15	CrossFit 17:15		CrossFit 17:15	CrossFit 17:15									
18:00	CrossFit 18:00		CrossFit 18:00	CrossFit 18:00		CrossFit 18:00	CrossFit 18:00		CrossFit 18:00	CrossFit 18:00		CrossFit 18:00	CrossFit 18:00									Andrik Christian Marcus Elinor
18:30		CrossFit 18:30		CrossFit 18:30		CrossFit 18:30	CrossFit 18:30		CrossFit 18:30	CrossFit 18:30		CrossFit 18:30	CrossFit 18:30									Robert
19:00	CrossFit 19:00		CrossFit 19:00	CrossFit 19:00		CrossFit 19:00	CrossFit 19:00		CrossFit 19:00	CrossFit 19:00		CrossFit 19:00	CrossFit 19:00									Jessica
19:45		CrossFit 19:45 (Onramp)		Möjligt pass		CrossFit 19:45 (Onramp)	CrossFit 19:45 (Onramp)		CrossFit 19:45 (Onramp)	CrossFit 19:45 (Onramp)		CrossFit 19:45 (Onramp)	CrossFit 19:45 (Onramp)									Joakim
20:00	CrossFit 20:00		CrossFit 20:00 (Onramp)	CrossFit 20:00 (Onramp)		CrossFit 20:00 HIQ	CrossFit 20:00 HIQ		CrossFit 20:00 HIQ	CrossFit 20:00 HIQ		CrossFit 20:00 HIQ	CrossFit 20:00 HIQ									Alice
																						Andreas Lucas